



MEN'S SECOND CHANCE LIVING 2023 Final Report

Extension of Programs

Grant Amount: \$20,000

Grant Program in Review

This generous grant from the Wood River Women's Foundation allowed us to provide the residents of our second sober living home access to proven programs that greatly increase the chance of sustained sobriety and recovery from substance use disorders. The \$20,000 was incorporated into our budget that supports our programs to include access to medical, dental, and behavioral healthcare; nutrition assistance; exercise programs; financial education classes and Matched Savings Accounts; and financial aid toward higher education and trade skills development for residents of our second home. These are all proven resources that support a successful recovery and re-integration into a community.

We have seen first-hand that these programs change lives and are a vital component to success.

The 13 residents who lived in our second house during the duration of the grant all benefitted from these programs.

Objectives & Outcomes

All 13 residents of MSCL House 2 participated in the Sober Living program that provides the supportive, safe foundation from which recovery is possible. From drug testing to goal setting to shared domestic responsibility, participants learn accountability, coping skills, and life skills.

- Five residents of MSCL House 2 participated in counseling supported by this grant, a part of the successful Wellness Program that helps them connect and pay for doctors, dentists, and behavioral health specialists for both emergent health needs and consistent care. Through this program the men forge a relationship with the

healthcare system and address the physical and behavioral health issues that accompany substance use disorders.

- Six residents of MSCL House 2 participated in the Financial Education classes and were able to start investing in the Matched Savings Program, helping them get on their feet for a successful return to the community.
- Three residents of MSCL House 2 participated in educational programs. Two undertook an electrical apprenticeship program, and one a plumbing apprenticeship program.
- All the residents of MSCL House 2 participated in Nutrition Education taught by professionals at St. Luke's Wood River.



Budget

Expenses	Amount requested from WRWCF	Actual Expenditures
Compassion/Education		\$5,000
Sober Living		\$5,000
Financial Literacy/Matched Savings		\$5,000
Wellness		\$5,000
TOTAL	\$20,000	\$20,000

MSCL distributed the funds to each of our 4 programs equally. Compassion/Education - \$5,000; Matched Savings Program \$5,000; Sober Living -\$5,000; Wellness - \$5,000.