



**WOOD RIVER
WOMEN'S
FOUNDATION**

**Wood River
Women's Foundation
Final Grantee Report
Due: As grant is completed or
by June 30, 2019**

We request that you complete a final report following the guidelines below. This will give our members a better understanding of the work completed through your grant over the last year and the impact it has created within our community. While meeting with your Impact volunteer, you may have had a chance to talk through some of these points already, now we want to share it with the full membership of WRWF.

Please send your completed reports **in Word format** to Sandra Flattery, ssflattery@aol.com. Please contact her by email or phone 208-309-2230 or speak with your Impact Committee member if you have any questions.

The final report is limited to one page total. If your report exceeds that, we will have to make edits. We would much rather have you decide what information is most important to share. Thank you!

List the following items at the top of your report.

Organization: Higher Ground Sun Valley, Inc.

Project Title: Higher Ground Family Wellness Program

Grant Amount: \$9,700

- 1) **Objectives & Outcomes (max. 200 words)** - List your project objectives and your final results or outcomes. This could be in paragraph form, bullet points, or table format.
 - A. Provide education and training in watersports activities for local families
 - a. At this point, over 20 kids, parents, siblings, and guardians have participated in the program.
 - b. Next stages include progressing beyond the basics and focusing on the fun families can enjoy together in water-based settings.
 - B. Provide respite for families who have children with disabilities
 - a. Parents spent time with a local therapist, and one another, describing common struggles, and sharing coping tools they use living with a child with a disability.
 - b. Parents learned effective, fun ways to approach recreation with their kids in both indoor and outdoor settings.

- C. HG staff will help families develop a family wellness plan – this is a part of the retreat, and a culmination of the program, to establish family plans of action.

A couple challenges were presented over the course of the grant, including participants' schedules and the weather. Initially, staff felt evenings during the week would be convenient for participants, but we received feedback that weekend mornings would be better. Fortunately, YMCA and HG staff were able to adapt and meet the participants' needs. Secondly, the cold spring temperatures pushed the second session start dates back later than planned.

2) Impact (max. 150 words) - Tell us your impact story.

Thus far, the greatest impact we have experienced revolves around not only physical development, but social connection. As the kids in the program – as well as several of the family members – have developed basic swim stroke and safety skills, it has been networking and connections among the parents and guardians that have demonstrated the impact of this program, and the importance in making it an annual occurrence.

We are structuring the retreat in early August to further deepen and develop the bonds among the parents, and the children, so they leave recognizing the value of recreation, and with a local support system in place.



3) Photos - Include 1 or 2 appropriate photos for publication in your document as well as attached so they can be shared on our social media pages as well (.jpg or .tif format). Subjects in the photos must have provided you with approval for use of their image. If possible, provide photos that haven't already been published and a caption describing what is being demonstrated or shown for each photo.

We will have more great photos following our Family Retreat that we will include in the Final Report!

4) **Budget (one table)** - Please use your original proposed budget lines for the grant application and in a second column alongside, list how your funds were actually used. We understand things change, so feel free to add reasoning in paragraph form for any large variances. *Remove any lines with 0s in both columns.*

Example:

Expenses	Amount requested from WRWCF	Actual Expenditures
Salary and Benefits	1,400	1,000**
Travel/Transportation	250	0
Equipment	1,500	1,000**
Supplies	1,200	1,200
Food	1,500	500**
Other – Lodging/Room rentals	2,000	900
Other – Y Family Memberships	1,850	1,850
TOTAL	9,700	6,450

**We have not used all the funds allocated for these areas to date, as they will be directed to the Family Retreat taking place the first weekend in August 2019. We will use the following:

- \$2,500 in salary and benefits
- \$250 toward transportation throughout the summer
- \$2,500 total to purchase equipment, including paddleboards, safety, and adaptive watersports gear

Explanations in shifting budget numbers:

- Salaries: The high needs of our participants required more one-on-one attention in the water than originally anticipated. In addition, the family retreat in August will require at least two Higher Ground staff members dedicated to the programming, as well as several dedicated, trained volunteers.
In total, the staffing breakdown will be as follows:
 - 3% of Recreation Program Manager's FTE time = \$1450
 - 2.5% of Recreation Youth Program Manager's FTE time = \$1050
- The Equipment budget will be higher due to purchasing additional paddleboards and adaptive equipment for greater participant numbers.
- We were able to make more room in the Equipment budget by keeping food and lodging rates much lower than anticipated. We were able to leverage in-kind donations to keep these costs down.

Thank you so much. We hope our collaboration has been successful and we look forward to sharing your story with our membership and with the Wood River Valley Community.

Sandra Flattery – Impact Committee Chair