

Organization: WRMS Outdoor Recreation Program
Project Title: Outdoor Recreation Program Trips for the 2018-2019 School Year
Grant Amount: \$10,000

I. OBJECTIVES AND OUTCOMES

- A. Recognize the role of physical activity in influencing personal and social behavior (e.g., develop leadership skills, take responsibility for actions, recognize the importance of individual roles in group activities).
- B. Enjoy the challenge of working hard and feel satisfaction when successful in improving skills and developing personal goals (e.g., surveys, tracking, data).

We were able to expand the number of students we served due to adding a fifth trip, as well as increasing our numbers per trip.

Students reported trips having a positive impact on their lives. We were even able to bring back two of our alumni on a rock climbing trip (current 9th graders), to be examples to their younger peers, and to help demonstrate the influence the program continues to have in their daily lives. The alumni were able to teach their peers how to belay, and were able to be a confidant through the trip. Truly, it was a neat experience to have former Outdoor Program students attending a trip!

II. IMPACT

After completing five trips in the 2018-2019 school year, we believe our program continues to affect students' lives by giving them meaningful experiences which takes them out of their comfort zone. Due to the success of our program, and seeing the impact it has made, Blaine County School District decided to offer an outdoor budget to WRMS. Even though the funds are not directly given to the Outdoor Recreation Program, it is still rewarding to see others appreciate all that we have done and continue to do.

The night after students returned from the May rafting trip, a parent texted this sweet note to one of our leaders, Kelsey Buchanan:

"Thank you so much for being such an awesome leader/teacher! I was totally at peace knowing you were there with the kids. Gracie had so much fun on this trip! She really needed that. I asked on a scale from 1 to 10 how it ranked and she said a 15!"

III. PHOTOS



For the first time in program history, we were able to have 7th graders apply and attend a trip. What did they get to do? Snowshoe in a few miles to a yurt and learn avalanche safety and snow science!



A rafting guide handed over his oars to a WRMS student so he may have his first rowing experience.

IV. BUDGET

The outdoor program was able to continue giving WRMS students a free opportunity to attend a trip, and leaders were able to become increasingly self-reliant due to professional development as well as having the correct gear for all five trips.

Please see attachment.